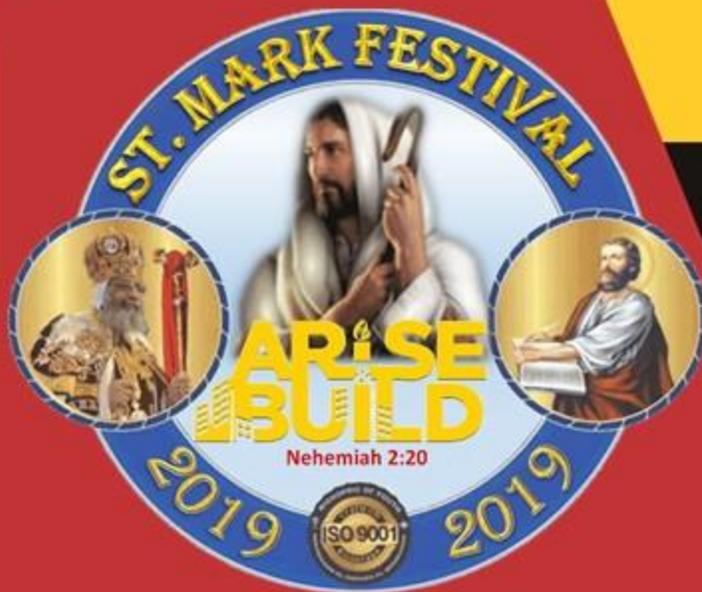




# ARISE and BUILD

Neh 2:20

## GRADE 1-2



## **HIS HOLINESS POPE TAWADROS II**



**118<sup>TH</sup> POPE OF ALEXANDRIA AND  
PATRIARCH OF THE SEE OF SAINT MARK**



# Arise and Build

**“The God of heaven Himself will prosper us;  
therefore we His servants will arise and build” Nehemiah 2:20**

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Visit the St. Mark Festival's website at [www.smfsus.org](http://www.smfsus.org)  
to find the material for the festival and  
for guidelines and information on the tests



# The Lord is Our Foundation

## Who is our God?

Learning about God teaches us about the Lord of Heaven and Earth.

### 1- Our Lord Jesus Christ is the Creator:

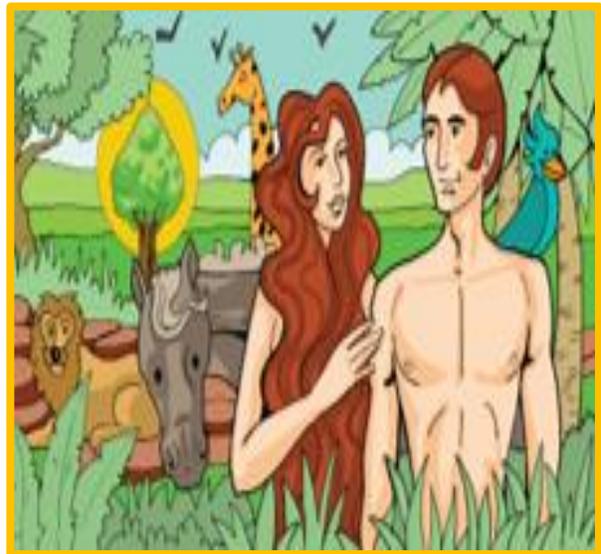
God **created** everything around us from nothing.

- He separated light and darkness.
- He created the sky with its beautiful colors.
- He created trees and plants.
- He created the sun, the moon and the stars.
- He created birds and fish.
- He created animals and man.



### 2- God is the Giver of Life:

After God created everything, He formed Adam from the dust of the ground and breathed the breath of life into him. Then God formed Eve from one of Adam's ribs. God formed man in His own image.



### 3- God created everything in an amazing order:

- Night is always followed by day.
- The 4 seasons of the year are always in their order: winter, spring, summer, fall.
- The human body which has many systems working together to take care of us.

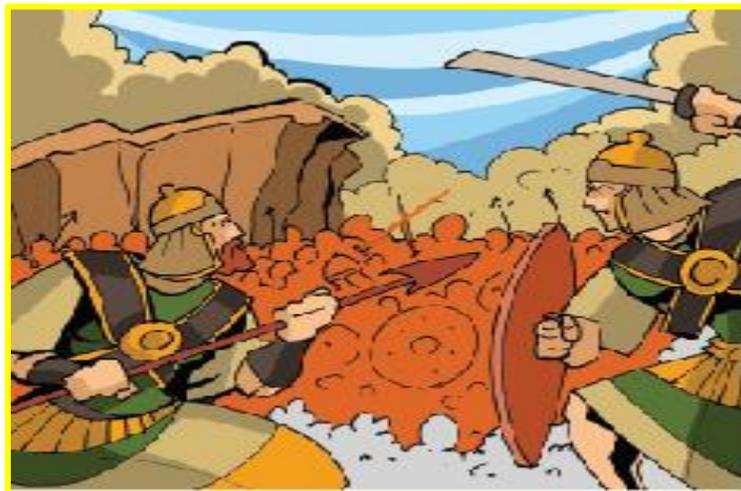


### 4- God is all powerful:

- God created everything in a certain order, and He is the only one who can change this order.

### The Sun Stands Still (Joshua 10)

God promised His people to enter the promised land (Canaan). God took care of His people and helped them in their wars on their way there. One day, Joshua the leader was fighting with His people against their enemies. He asked the Lord to help him in the war and God sent large hailstones from heaven on the enemies. And when the day ended, Joshua prayed to God to keep the sun from setting until they defeated their enemies. God listened to his prayer and made the sun stand still until they won the war.



### The Man Born Blind (John 9)

- One day while our Lord Jesus Christ was walking with the disciples, they saw a man who was blind from birth begging for money. The Lord Jesus Christ spat on the ground and made clay, then He put it on the eyes of the blind man; and told him to go and wash in the pool of Siloam. The blind man obeyed God and washed in the pool. The Lord Jesus Christ created eyes for him and was now able see everything around him.
- Our Lord Jesus Christ is the only one that could create eyes for the man because He is the Creator who has the world in His hands and controls everything.



### Who is our God?

**God is the only creator; He created everything around us, gives life, and creates everything in an amazing order. Our God is all powerful!**

**“Who created the Heavens, who is God,  
who formed the earth and made it” (Isaiah 45:18)**



Activity

# In the Beginning

Read Genesis 1:1-25. Starting with Day 1, find the correct path through the maze to the things that God created on that day.

“Who created the Heavens, who is God,  
who formed the earth and made it” (Isaiah 45:18)



## Activity

# Creator

Find the words in the word search.

- Adam
- Animals
- Birds
- Care
- Colors
- Controls
- Creator
- Darkness
- Dust
- Eve
- Fish
- God
- Light
- Man
- Moon
- Order
- Powerful
- Rib
- Seasons
- Stars
- Sun
- Trees

J	W	V	E	T	Y	R	I	I	X	G	B	L	S	T
R	T	V	V	L	J	R	E	D	O	V	P	L	D	T
Y	K	N	E	G	O	M	S	D	Q	Y	A	B	U	B
U	H	E	Z	S	E	D	V	D	R	M	F	N	O	T
N	D	K	U	N	K	A	A	R	I	O	S	V	Q	R
O	A	Y	K	O	C	R	Z	N	O	T	L	B	X	E
O	O	M	L	S	A	K	A	Q	A	T	I	V	P	E
M	I	Y	G	A	R	N	N	R	G	R	A	O	O	S
N	P	L	U	E	E	E	S	L	C	F	W	E	X	C
M	M	F	K	S	J	S	R	G	I	E	L	B	R	Q
C	O	L	O	R	S	S	L	O	R	T	N	O	C	C
B	T	U	I	H	R	O	B	F	D	X	K	F	P	Z
E	Z	B	S	G	K	A	U	S	R	U	N	U	S	P
L	K	I	U	X	H	L	A	D	A	M	S	T	F	O
G	F	B	K	U	K	T	S	D	R	I	B	T	E	N

# The Secret of our Success

## Queen Esther Saves her People

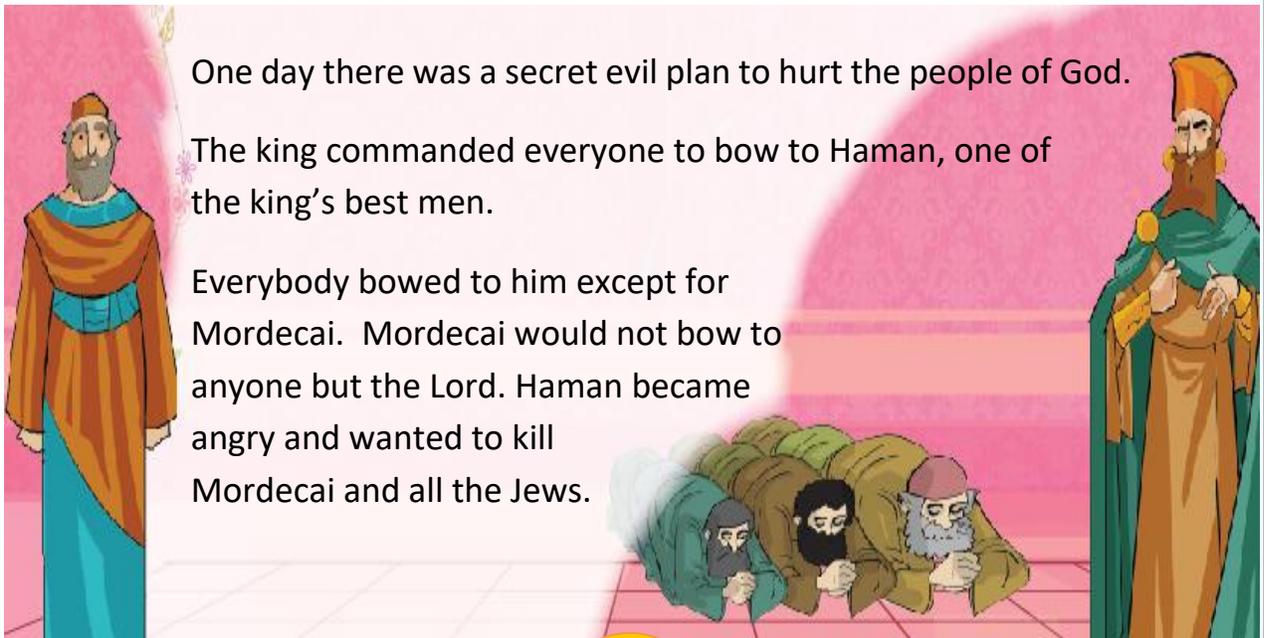
### The Book of Esther

**The story of Esther saving her people teaches us the secret of success, with God we are successful.**

Long ago, there was a young Jewish lady living in Persia named Esther. She was very beautiful. Her older cousin Mordecai took care of her when her parents died. He loved her as his own daughter and taught her the commandments of God.



Esther was very obedient to Mordecai. The king selected her from 7 other women to become the queen. However, he didn't know that she was from the people of God.



One day there was a secret evil plan to hurt the people of God.

The king commanded everyone to bow to Haman, one of the king's best men.

Everybody bowed to him except for Mordecai. Mordecai would not bow to anyone but the Lord. Haman became angry and wanted to kill Mordecai and all the Jews.



Haman went to the king and told him that some people are not obeying the rules of the kingdom and the king should kill them all. The king agreed and wrote a decree to kill all the Jewish people.

Mordecai asked Esther to go to the king and ask to save her people. This was not easy to do because anyone that went to the king without being asked by him could be killed.



Mordecai, Esther and all the Jews fasted and prayed for 3 days to the Lord to save them. They had faith that God will hear their prayers. Then Esther went to see the king, she invited both the king and Haman to 2 banquets (feasts). At the banquets the king was so happy and asked Esther what she wanted. Esther asked the king to save her and her people. She told the king that Haman wanted to kill them all. After listening to Esther, the king ordered Haman to be killed. The people were saved and they were so happy! Every year they celebrate this day, they call it the Feast of Purim.



**We must always do our best  
and never give up.**

**God hears your prayers,  
sees your hard work and  
will make you successful.**



**“And you would be secure, because there is hope” (Job 11:18)**



# Color the Picture

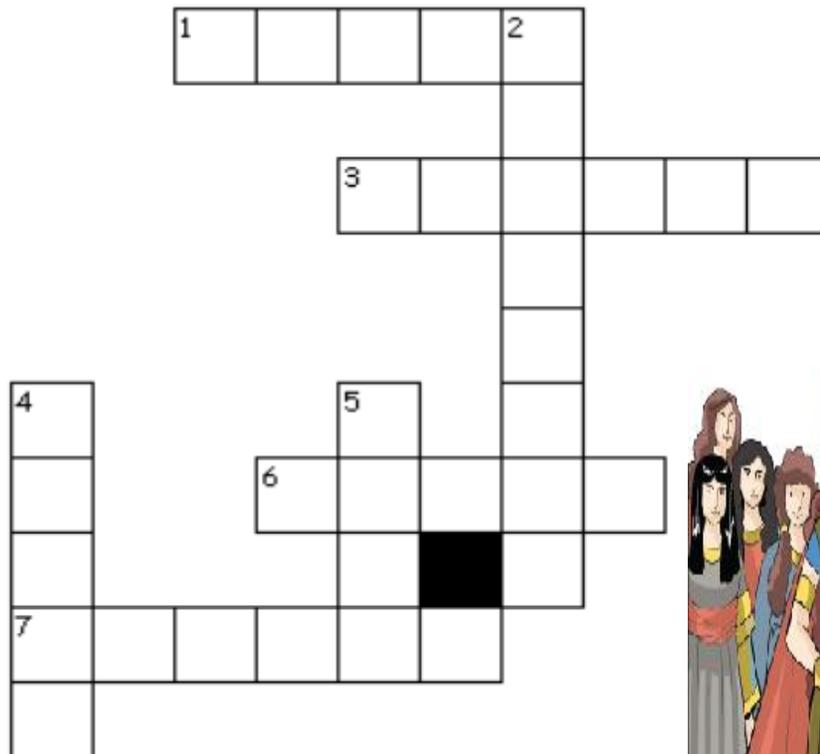


“And you would be secure, because there is hope” (Job 11:18)



# Esther

Complete the crossword puzzle



## Across

1. The name of the feast the Jews celebrate each year
3. Where did Esther live?
6. He wanted to kill all the Jewish people
7. She became the queen

## Down

2. He took care of Esther
4. How many days did the people fast and pray?
5. Esther asked the king to \_\_\_\_ her and her people

# We Are His Children

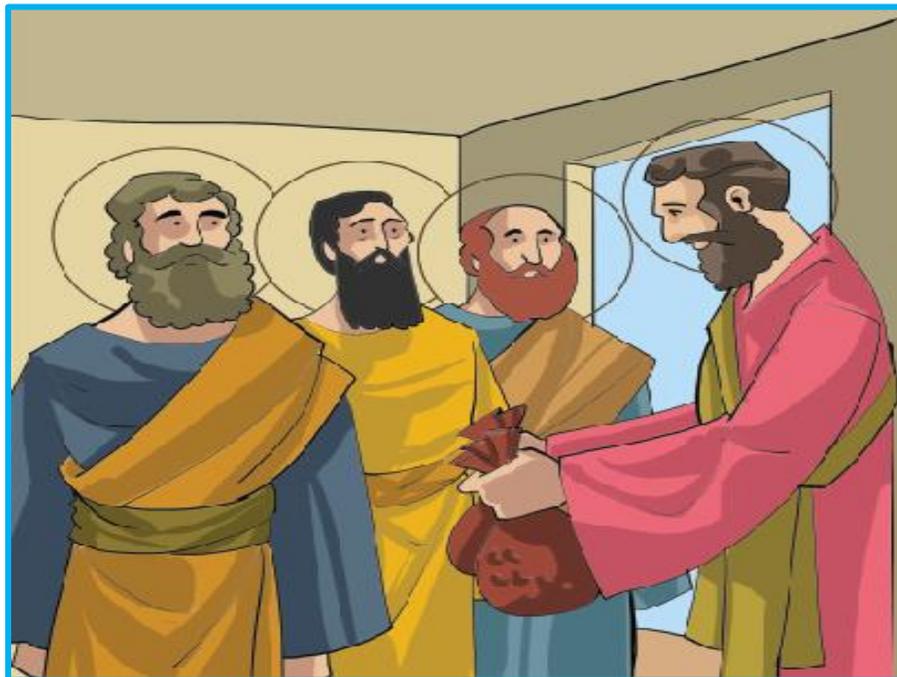
## St. Barnabas encourages St. Paul the Apostle

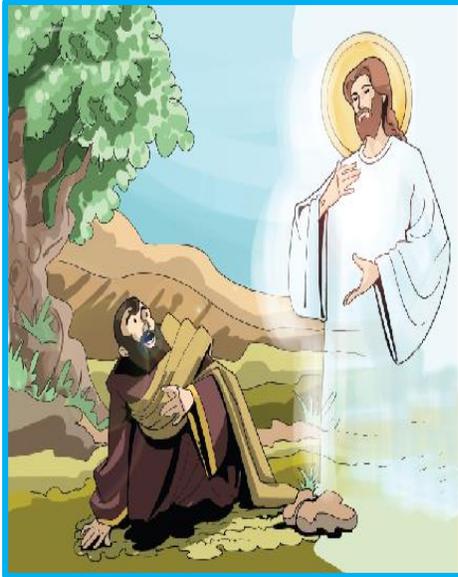
Synaxarium- 21<sup>st</sup> day of the Coptic Month of Koiahk (Dec. 31)

The story of St. Barnabas encouraging St. Paul teaches us the qualities of the children of God.

St. Barnabas was born in Cyprus from a rich family. His name was Joses. He went to Jerusalem and became Christian. The disciples called him **Barnabas**; his name means **son of encouragement**. St. Barnabas was a very encouraging person; this means that he saw the good things in others and helped them to continue in it.

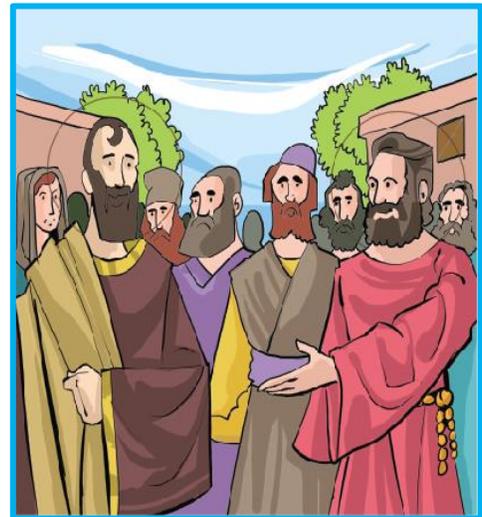
St. Barnabas was also a giving person. The people of the early Church shared everything and gave happily to the poor people. St. Barnabas sold his field and gave the money to the apostles.





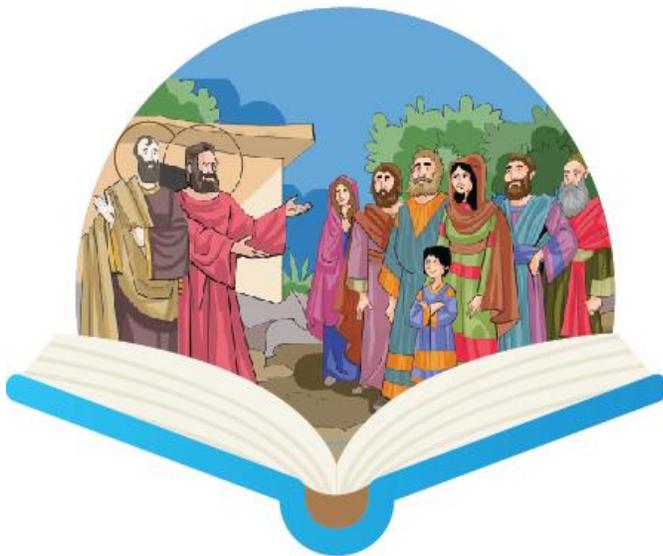
One of the people St. Barnabas encouraged was St. Paul the apostle. Before St. Paul became Christian, he treated Christians badly. But when the Lord Jesus Christ appeared to him, he treated people better.

The Christians in Jerusalem couldn't believe that St. Paul was now a good person, they feared him.



St. Barnabas told them that the Lord Jesus Christ appeared to St. Paul, he became Christian and preached to many people, just like them.

St. Barnabas helped the apostles not to fear him.



When St. Barnabas preached in Antioch there were many believers, he needed help with the service, so he took his friend St. Paul with him. They spent one year in Antioch telling everyone about our Lord Jesus Christ.

**“Uphold the weak, be patient with all” (1 Thessalonians 5:14)**

**St. Barnabas continued to serve and preach in many places until he was martyred in Cyprus. We celebrate his feast on the 21<sup>st</sup> day of Koiahk (Dec 31).**



# Color the Picture



“Uphold the weak, be patient with all” (1 Thessalonians 5:14)



# Serving Together

St. Paul and St. Barnabas told many people about the Lord Jesus Christ. Read Acts 14:8-18 and circle the things that St. Paul and St. Barnabas did. Draw a line through the things they did not do. Number the things they did in the correct order that they occurred.

- \_\_\_\_\_ said, "Stand up straight on your feet!"
- \_\_\_\_\_ went to a park
- \_\_\_\_\_ ate bread and fruit
- \_\_\_\_\_ saw a lame man, who never walked
- \_\_\_\_\_ told people they were not gods
- \_\_\_\_\_ jumped up and down
- \_\_\_\_\_ healed a lame man
- \_\_\_\_\_ sang songs
- \_\_\_\_\_ went to Lystra
- \_\_\_\_\_ told others about the Lord Jesus Christ



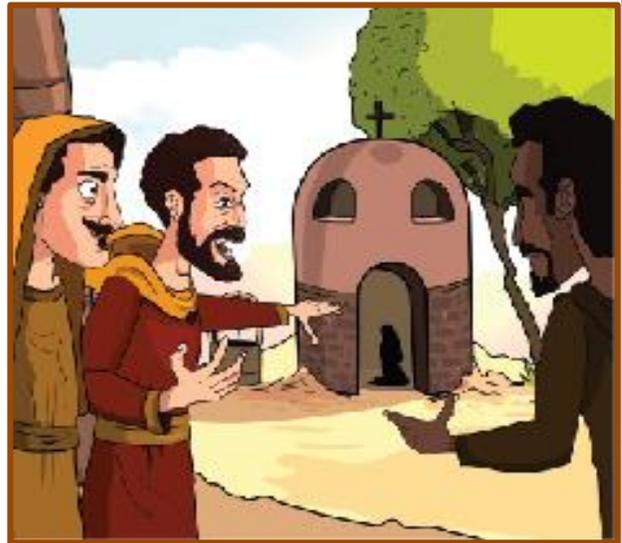
# Arise and Rejoice

## St. Abakragoun

Synaxarium- 25<sup>th</sup> day of the Coptic Month of Epep (August 1)

**The story of St. Abakragoun teaches us that when we return to our Lord Jesus Christ, we are truly happy.**

St. Abakragoun was born in a town called El Batanon. His parents worshipped idols. Abakragoun was a thief; one day he went with two of his friends to steal from an older monk's cell.



They found the monk praying in his cell, they decided to wait until he finished his prayers. They waited and waited but the monk did not stop praying, he continued to pray all night.



The thieves told Abakragoun to attack the monk now or leave. Abakragoun didn't want to hurt the monk because he was touched by his prayers.

In the morning, when the old monk came out of his cell Abakragoun asked the monk to forgive them. The monk forgave them and offered them food and water and talked to them about our Lord Jesus Christ. He told them the Lord Jesus Christ waits for sinners to repent their sins and that there will be joy in heaven for this person. As the Holy Bible says:



**“there will be more joy in heaven over one sinner who repents”  
(Luke 15:7)**



The most important thing to do when we do something wrong is return right away to our Lord Jesus Christ, tell Him we are sorry, ask Him to forgive us and ask for help not to do it again.

Abakragoun and the thieves thought carefully about what they heard. They repented and confessed their sins. They were baptized and became monks. They fasted, prayed, and read the Holy Bible to know our Lord Jesus Christ more and obey His words.

The old monk told Abakragoun that he would receive the crown of martyrdom. The saint suffered in many places for the sake of our Lord Jesus Christ.

He went to the city of Samanoud and did many miracles. By his prayers, he raised the daughter of the minister from the dead. The minister along with his wife and daughter became Christians.



St. Abakragoun was taken to Alexandria where he received the crown of martyrdom. He asked the Lord Jesus Christ that his body be returned to his town El Batanon. The Christians built a church in El Batanon, named it St. Abakragoun Church and placed his body there.

We celebrate the martyrdom of St. Abakragoun on the 25<sup>th</sup> day of Epep (August 1).





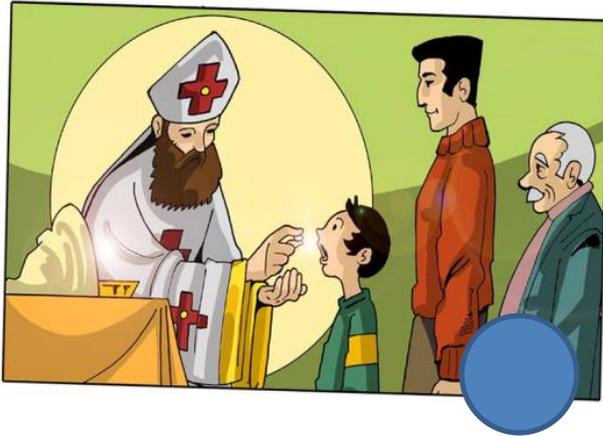
## Activity

# Forgiveness



Below are pictures that lead us to the forgiveness of sins.

Put the pictures in the correct order



“there will be more joy in heaven over one sinner who repents”

(Luke 15:7)

# Strong Foundation

## The Church

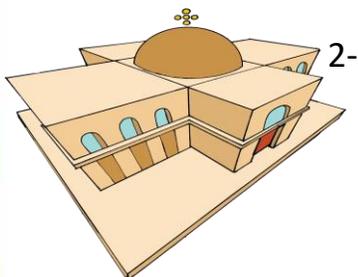
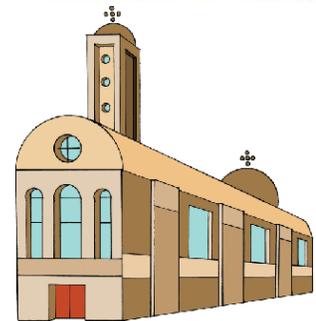
Learning about the Church teaches us about building on a strong foundation.

The Church is the **House of God**. our beloved Church has **rites** (arrangement or order) because our God likes everything to be in **order**.

The Church is like being in heaven on earth.  
The Church shows us the importance of the Church in our life.  
The Church builds us, corrects us, and nurtures us.

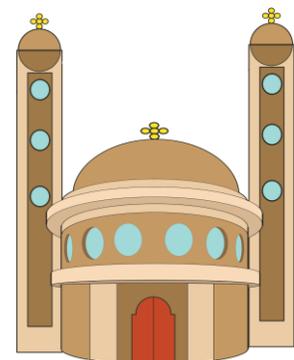
### The Church building can be in 3 shapes:

1- **A ship:** The Church protects us from any danger. The shape of the ship reminds us of Noah's ark where the people were saved from the flood, likewise the Church can protect and save us.



2- **A Cross:** Our Lord Jesus Christ died for us on the Cross to save us so we can go to Heaven. The Church is the way to heaven.

3- **A circle:** The circle has no beginning and no end, just like our Lord Jesus Christ.

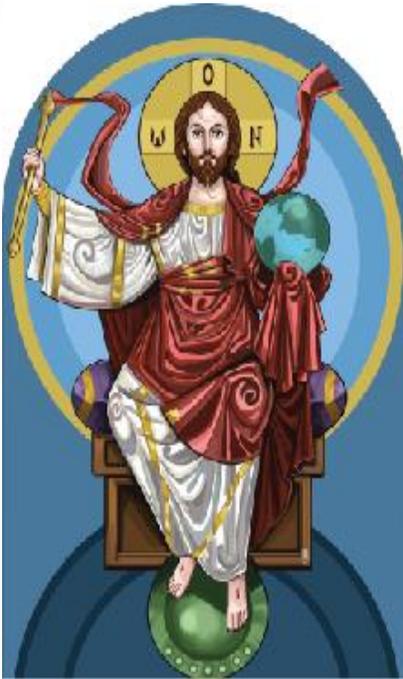


### The Iconostasis:

- It can be made of wood, bricks or marble.
- It separates the altar and the chancel (where the deacons stand).
- On top of the iconostasis there is a large cross.
- It has three doors with crosses and icons of the saints.
- The iconostasis in the front of the Church allows us to direct our eyes to heaven. The icons on it reminds us of all the saints that worked hard to get to heaven. We ask the saints to pray for us.



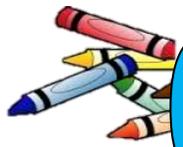
### The Bosom of the Father



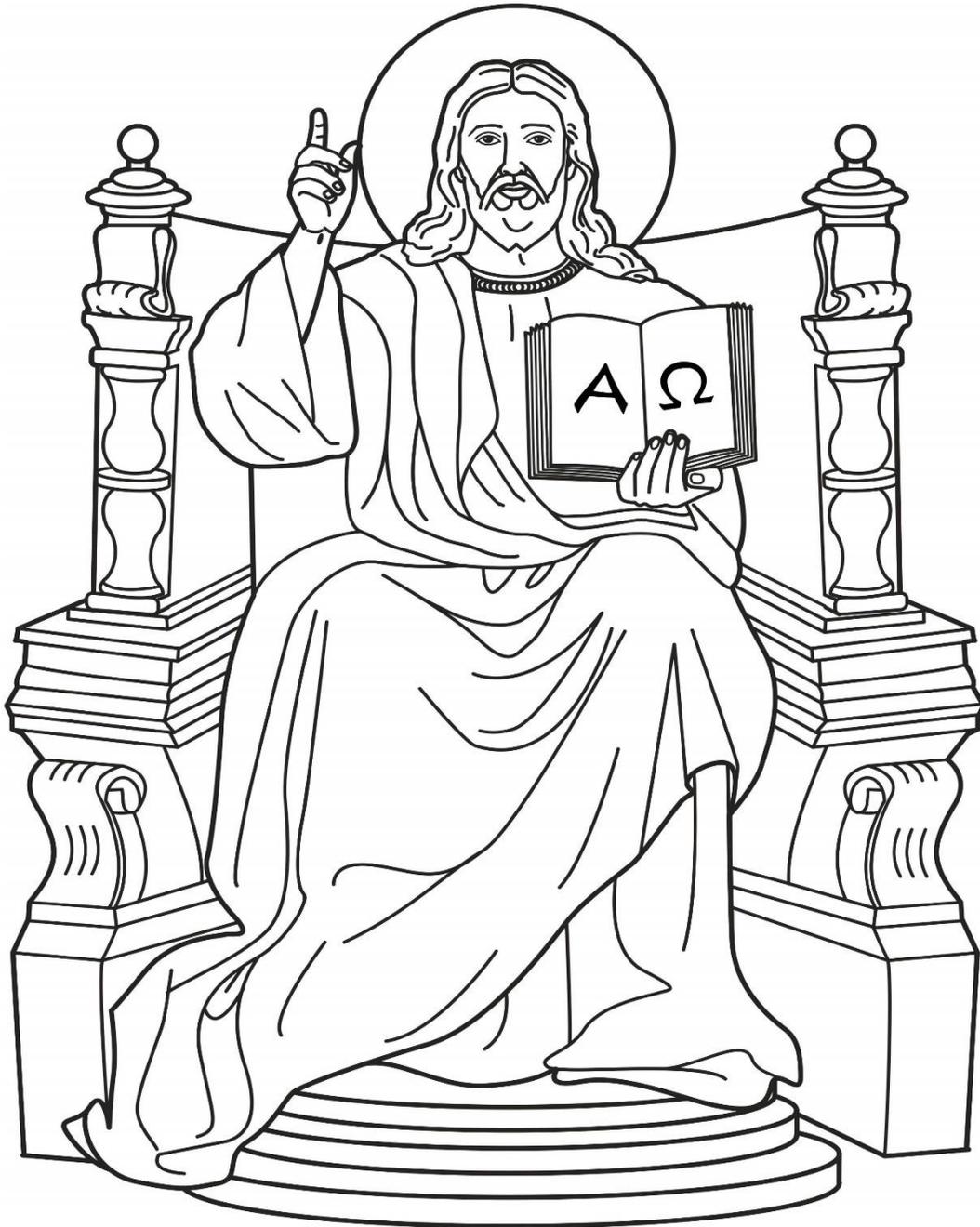
- It is placed in the east part of the Church.
- Inside the altar, there is a semi-circle wall, it looks like the open arms of the Lord Jesus Christ.
- It has the icon of the Lord Jesus Christ sitting on the throne.
- The Lord Jesus Christ holds the earth with one hand because He is the **Pantocrator, He controls the Heaven and the Earth.**
- The Lord Jesus Christ holds the shepherd staff in the other hand because He is the Good Shepherd who takes care of us.
- In front of the icon there is a lantern (small lamp) that is always on. This reminds us that God always watches over and protects His children.

**Everything in the Church has a meaning that teaches us about our God.**

**“How lovely is Your tabernacle, O Lord of hosts” (Psalms 84:1)**



# Color the Picture

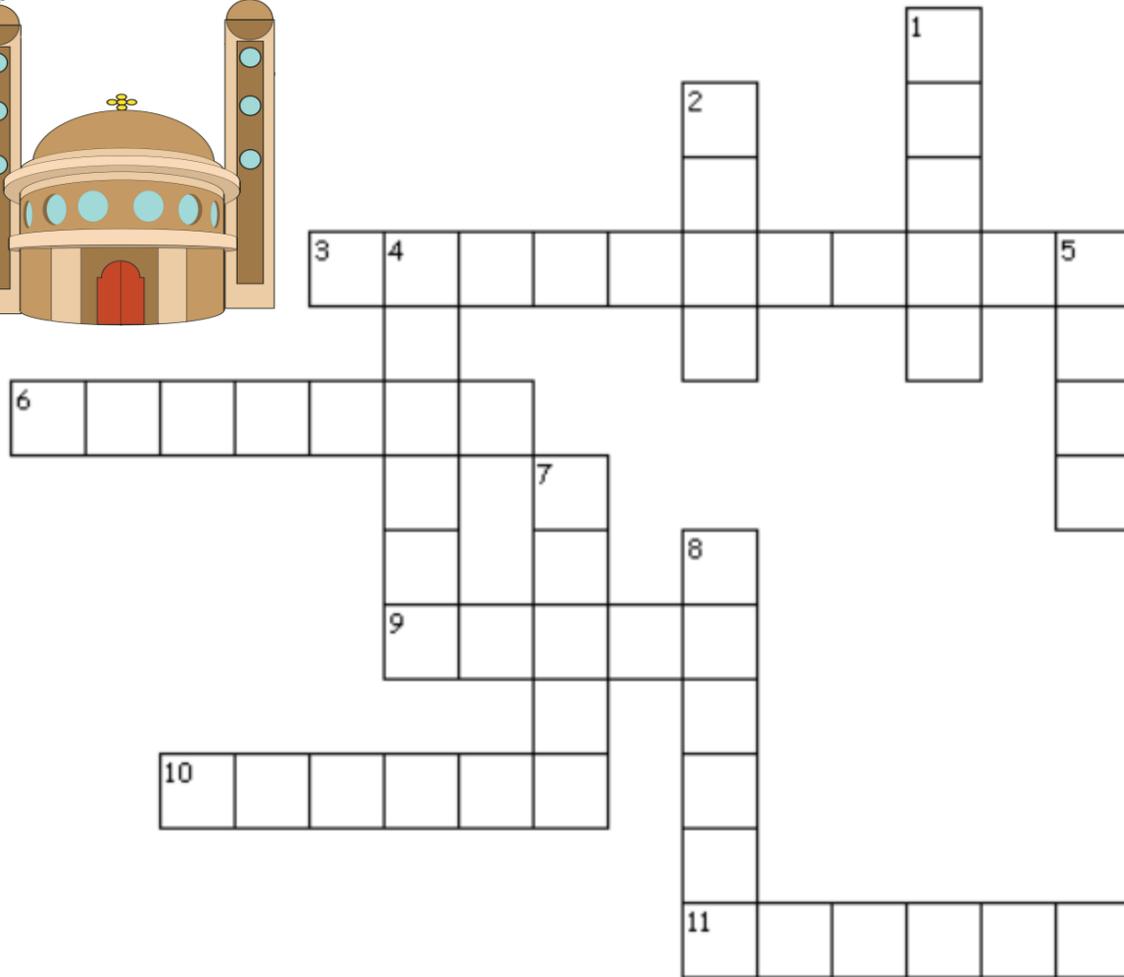
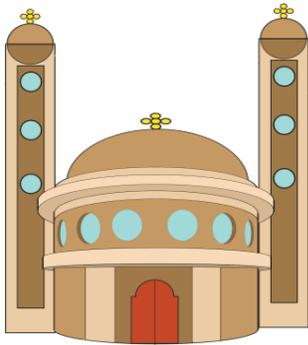


“How lovely is Your tabernacle, O Lord of hosts” (Psalms 84:1)



# The Church

Complete the crossword puzzle



## Across

- It is in the front of the Church with icons of the saints.
- It is always on in front of the icon in The Bosom of the Father.
- The Lord Jesus Christ is holding this.
- In the Bosom of the Father the Lord Jesus Christ is sitting on this.
- The saints worked hard to get there.

## Down

- The Lord Jesus Christ used this to save us.
- The Bosom of the Father is in this part of the Church.
- No beginning and no end.
- This shape reminds us that the Church protects us.
- How many doors are on the iconostasis?
- The House of God.

# Memorization

**1. “The God of heaven Himself will prosper us;  
therefore we His servants will arise and build” Nehemiah 2:20**

**2. The First hour of the Agpeya (Prime)-  
Pauline Epistle (Ephesians 4:1-5)**

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and meekness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace. There is one body, and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism.



# Coptic

## Coptic Alphabet

Know the shape and name of the letter and one way to pronounce each letter

Letter	Name of Letter	Pronunciation	Letter	Name of Letter	Pronunciation
Ⲁⲁ	Alpha	A	Ⲡⲡ	Pee	P
Ⲃⲃ	Veeta	B, V	Ⲣⲣ	Ro	R
Ⲅⲅ	Gamma	G, N, Gh	Ⲇⲇ	Seema	S, Z
Ⲉⲉ	Delta	D, Th (the)	ⲉⲑ	Tav	T
Ⲋⲋ	Eyy	E	ⲓⲔ	Epsilon	V, I, (oo)
ⲍⲎ	So-oo	number 6	ⲕⲌ	Fey	F
ⲏⲐ	Zeeta	Z	ⲍⲎ	Key	K, Kh, Sh
ⲑⲒ	Eeta	Ee	ⲏⲐ	Epsee	Ps
ⲓⲔ	Theeta	Th (think), T	ⲑⲒ	O-Long	Oo
ⲕⲌ	Yota	I, Y	ⲓⲔ	Shai	Sh
ⲍⲎ	Kappa	K	ⲕⲌ	Fai	F
Ⲉⲉ	Lavla	L	ⲏⲐ	Khai	Kh
Ⲋⲋ	Mey	M	ⲓⲔ	Hori	H
ⲍⲎ	Ney	N	ⲕⲌ	Ganga	G, J
ⲏⲐ	Eksee	Ks	ⲑⲒ	Cheema	Ch
ⲓⲔ	O-Short	O	ⲕⲌ	Tee	Tee

## Nature



### **Bo** tree

Letter	<b>B</b>	<b>o</b>
Name of Letter	veeta	o-long
Pronunciation	v	oo



### **Ph** sun

Letter	<b>P</b>	<b>h</b>
Name of Letter	ro	eeta
Pronunciation	r	ee



### **oɛ** moon

Letter	<b>o</b>	<b>ɛ</b>	<b>h</b>
Name of Letter	yota	o-short	hori
Pronunciation	l	o	h



### **Cioɳ** star

Letter	<b>C</b>	<b>i</b>	<b>o</b>	<b>ɳ</b>
Name of Letter	seema	yota	o-short	epsilon
Pronunciation	s	i	o	u

## At School



### Ⲙⲁⲥ teacher

Letter	Ⲙ	ⲁ	ⲥ
Name of Letter	seema	alpha	khai
Pronunciation	s	a	kh



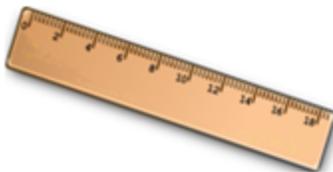
### Ⲭⲱⲙ book

Letter	Ⲭ	ⲱ	ⲙ
Name of Letter	ganga	o-long	mey
Pronunciation	g	oo	m



### Ⲙⲁⲩ pencil

Letter	Ⲙ	ⲁ	ⲩ
Name of Letter	kappa	alpha	shai
Pronunciation	k	a	sh



### Ⲭⲱⲙⲏ ruler

Letter	Ⲭ	ⲟ	ⲙ	ⲏ
Name of Letter	ksi	o-short	mey	eeta
Pronunciation	k + s	o	m	ee

## Family

### Πατωτ my father

Letter	Π	α	ι	ω	τ
Name of Letter	pi	alpha	yota	o-long	tav
Pronunciation	p	a	i	oo	t



### Ταμαρ my mother

Letter	Τ	α	μ	α	ρ
Name of Letter	tav	alpha	mey	alpha	epsilon
Pronunciation	t	a	m	a	v



### Πασον my brother

Letter	Π	α	σ	ο	ν
Name of Letter	pi	alpha	seema	o-short	ney
Pronunciation	p	a	s	o	n



### Ταωνι my sister

Letter	Τ	α	σ	ω	ν	ι
Name of Letter	tav	alpha	seema	o-long	ney	yota
Pronunciation	t	a	s	oo	n	i

## The Lord's Prayer

Χε Πενιωτ ἐτ δεν νιφνοῦι	Our Father who art in heaven
μαρεϋτοῦβο ἵχε πεκραν	hallowed be Thy name
μαρεσι ἵχε τεκμετοῦρο	Thy kingdom come
Πετεθνακ μαρεϋωπι	Thy will be done
ἡφρητ δεν ἴφε νεμ ριχεν πικαρι	on earth as it is in heaven
Πενωικ ἵτε ραστ μηιϋ ναν ἡφοοῦ	Give us this day our daily bread
Οτορ χα μηετῆρον ναν ἐβολ	and forgive us our trespasses
ἡφρητ ρων ἵτενχω ἐβολ	as we forgive
ἵνηετε οτον ἵταν ἔρωοῦ	those who trespass against us
Οτορ ἡπερεντεν ἐδοῦν ἐπιρασμοσ	and lead us not into temptation
αλλα ναρμεν ἐβολ ρα πιπετρωοῦ	but deliver us from the evil one
ἕεν ΠιΧριστοσ Ιησοῦσ Πενβοισ	In Christ Jesus our Lord
Χε θωκ τε	For Thine is
ϋμετοῦρο νεμ τχομ νεμ πιωοῦ	the kingdom, and the power and the glory
ωα ἐνεθ ἀμην	forever, Amen



# Hymns & Rituals



## Alleluia This is the Day

**Rite:** The hymn Alleluia This is the day is chanted after the Procession of the Lamb during the Offertory on Feasts and non-fasting days.

Alleluia. This is the day which the Lord has made, let us rejoice and be glad in it. O Lord save us, O Lord straighten our ways. Blessed is He who comes in the name of the Lord.  
Alleluia.

ΑΛΛΗΛΟΥΙΑ: ΦΑΙ ΠΕ  
ΠΙΕΖΟΥΝ ΕΤΑ ΠΒ ΟΙΣ  
ΘΑΜΙΟΥ: ΜΑΡΕΝΘΕΛΗΛ  
ΝΤΕΝΟΥΝΟΥ ΜΜΟΝ ΝΔΗΤΥ:  
Ω ΠΒ ΟΙΣ ΕΚΕΝΑΖΜΕΝ  
Ω ΠΒ ΟΙΣ ΕΚΕΟΥΤΕΝ  
ΝΕΝΜΩΙΤ: ΞΕΜΑΡΩΟΥΤ ΝΧΕ  
ΦΗΘΗΝΟΥ ΔΕΝ ΦΡΑΝ  
ΜΠΒ ΟΙΣ: ΑΛΛΗΛΟΥΙΑ.

## Group Hymn

### Resurrection Feast Gospel Response

**Rite:** This Gospel Response is chanted after the Gospel on the Feast of the Resurrection. The hymn reminds us that the Death and Resurrection of Christ were prophesied in the Old Testament.

Then He was placed in the tomb:  
according to the prophetic voices:  
on the third day:  
Christ rose from the dead.

ΛΟΙΠΟΝ ΑΥΧΑΥ ΔΕΝ ΠΙΜΕΖΑΥ:  
ΚΑΤΑ ΝΙΣΜΗ ΜΠΡΟΦΗΤΙΚΟΝ:  
ΔΕΝ ΠΙΜΑΖ ΨΟΥΤ ΝΕΖΟΥΝ:  
ΠΙΧΡΙΣΤΟΣ ΑΝΕΣΤΗ ΕΚ  
ΝΕΚΡΩΝ.

Alleluia Alleluia:  
Alleluia Alleluia:  
Jesus Christ, the King of Glory:  
rose from the dead.

ΑΛΛΗΛΟΥΙΑ ΑΛΛΗΛΟΥΙΑ:  
ΑΛΛΗΛΟΥΙΑ ΑΛΛΗΛΟΥΙΑ:  
ΙΗΣΟΥΣ ΠΙΧΡΙΣΤΟΣ ΠΟΥΡΟ  
ΝΤΕ ΠΩΟΥ: ΑΥΤΩΝΟΥ ΕΒΟΛ  
ΔΕΝ ΝΗΘΕΜΩΟΥΤ.

This is He to whom is due glory:  
with His good Father:  
and the Holy Spirit:  
both now and forever.

ΦΑΙ ΕΡΕ ΠΙΩΟΥ ΕΡΠΡΕΠΙ  
ΝΑΥ: ΝΕΜ ΠΕΦΙΩΤ ΝΑΖΑΘΟΣ:  
ΝΕΜ ΠΙΠΝΕΥΜΑ ΕΘΟΥΑΒ:  
ΙΣΧΕΝ ΤΗΟΥ ΝΕΜ ΨΑ ΕΝΕΖ.

